




Continental Societies, Inc. ®
Mid-Atlantic Region



'Our Children, Our Commitment, Our Concern'

February 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
-African-American Read-In -National Dental Health Month -National Sisterhood Month	1 Choose a day this week to work on a HEER report with a sister	2 Read this month's "Think On This"	3 Text, call or email a Continental Sister that you have not spoken with in a while	4 Pray for our local, regional and national officers	5 Happy Anniversary New Bern, NC Chapter Installed 1993	6 Sing the Continental Song
7 Self Care Sunday Mentally & Physically	8 Choose a day this week to work on a HEER report with a sister	9 Read this month's "Think On This"	10 2019 Financial documents due to National Treasurer	11 Regional Executive Board Meeting	12 Read the Continental Virtues	13 Continue to Pray for COVID-19 victims
14 	15 Choose a day this week to work on a HEER report with a sister	16 Pray for our local, regional and national officers	17 Reflect on your commitment and write down 3 reasons why you are proud to be a Continental	18 Council of Presidents Meeting	19 Read this month's "Think On This"	20 Visit the regional webpage
21 Self Care Sunday Mentally & Physically	22 Choose a day this week to work on a HEER report with a sister	23 Read this month's "Think On This"	24 Read the Continental Virtues	25 Happy Anniversary Goldsboro, NC Chapter Installed 1961	26 Pray for our local, regional and national officers	27 Sing the Continental Song
28 Last day to submit Proposed changes to the Constitution & Bylaws. (Template required)	Did You Know. . . The official Continental Pin should be worn over the heart with the chapter name bar fastened to the left. The pin should be worn at all formal Continental sessions, services, and meetings.					

Upcoming next month: Read Across America Day, African-American Report Cards due, chapter presidents submit chapter's nominee for 2021 Hall of Fame Award to RD