



QUARTERLY NEWSLETTER
OF THE

MID-ATLANTIC REGION
CONTINENTAL SOCIETIES,
INC

Volume 1, Issue 4

Upcoming Events

August 26th: Goldsboro Chapter Induction Ceremony

September: Litany of Rededication

September: Continental Sunday

October: National Bullying Prevention Month

October 15th: 2017-2018 Membership dues payable to national and the region period ends (late remittance fee apply after this date for national dues).

October 15th: Chapter rosters are due to national and the region.

October 23rd-31st: Red Ribbon Week

November 1st : Membership Intent Forms due to 2nd Vice Regional Director

November 10th-11th: National Board Meeting; Silver Springs, MD. More information is forthcoming.

March 11th-12th, 2018: The Wilmington Chapter of Continental Societies, Inc. invites you to the **34th Mid-Atlantic Regional Meeting**. More information to come.

MAR Gazetti

From the Desk of the Regional Director

Greetings, Continental Sisters:

I hope all of you are well and experiencing a restful and enjoyable summer. You should know that I consider it an honor to serve as your leader and I am grateful and thankful for the opportunity.

I am so elated and proud that we had one-hundred percent (100%) chapter representation at Conclave and I want to thank every chapter for submitting your HEER plus Arts and Humanities reports. The time and effort put into serving children is without a doubt paying off and you are to be commended for your service.

Special congratulations are extended to those chapters who were recognized as winners in the various categories and competitions at Conclave. This year we served 323,777

children and youth, total dollars spent was \$200,441.32 and our in-kind contributions were \$1,601,717.89.

Those chapters who implemented one or more of the National Initiatives are congratulated as well. Kudos to our Region as every chapter participated in that effort.

A special kudos to those chapters that retained, reclaimed, and recruited members this year. Let's aspire to keep it up and keep our region growing.

I would like to acknowledge all chapters that submitted the historical scholarship compilation report.

Commendations are also extended to members who serve as officers and chairpersons at the national, regional and local levels of our organization. You are definitely making a difference in the lives of our children and

and youth.

I am also appreciative of the support I received from the Executive Board and Chapter Presidents while at Conclave as we accomplished a great deal.

Congratulations, newly elected National President Robin Browder. You make us PROUD. Continental Sisters, thank you for supporting the outgoing National President Edna Lee Moffitt at her reception. It was greatly appreciated. If you volunteered to host a national meeting, please discuss this with your chapter and it is imperative that you notify national once a decision is made. Lastly, please make sure every

member in your chapter receives a copy of this publication.

Yours Sisterly,

Jean



Programs

Continental Sisters,

Please know that we have been successful in our many endeavors because of your unwavering dedication, commitment and support to the organization and the mission. I ask for your continued support as we move forward to expand and initiate new programs, renew our faith in one another and rededicate ourselves to serve the children and youth in our communities in the areas of health, education, employment, recreation, and the art and humanities. It is my fervent hope that we continue to flourish.

You are truly a wonderful group of women who are dedicated to improving and increasing the quality of service to Our Children who have Our Commitment and Our Concern and together we can make a difference.

Sisterly,

Jean

National Winners and Awardees

2017 Regional Scholarship Winner (\$1,000.00)

Jamila Anne McKoy
Durham, NC Chapter

Commemorative Anniversary Charleston, SC Chapter—25 years

Edna Calhoun Membership Award

Charleston, SC
Newport News-Hampton, VA
Norfolk-Virginia Beach, VA
Richmond, VA
Roanoke, VA
Tri-Cities, VA

Dorthea Burns President's Award

Comatha Johnson
Jean Roach

Hall of Fame

Jean Roach, Newport News-Hampton

Continental Attendance Trophy (CAT) Award

Goldsboro, NC Chapter
(Small Chapters Category)

HEER Winners

Newport News-Hampton Chapter
3rd Place Overall

Charleston, SC Chapter
1st Place Recreation

Emerald Members

Cassandra Conover, Tri-Cities Chapter
Comatha Johnson, Goldsboro Chapter
Dionne Johnson, Goldsboro Chapter
Rosa Nolen, Durham Chapter
Deborah Price, Charleston Chapter
Betty Rhodes, Wilmington Chapter
Jean Roach, Newport News-Hampton
Diane Sanford, Durham Chapter
Cindy Smalls, Charleston Chapter

From the Fundraising Committee *IN SINCERE GRATITUDE*

Dear Continental Sisters,

Greetings in the spirit of service and sisterhood!

On behalf of our Regional Director, Jean Roach and the Mid-Atlantic Region Leadership Team, I eagerly express my gratitude to those sisters who have faithfully supported our Stay At Home Ball Regional Fund Raiser the past two years. Your support has allowed us to not only increase the amount of our Regional Scholarship to \$800.00 in 2016 and 2017 but afforded us the opportunity to add another scholarship in the amount of \$300.00 this year.

It is our plan to provide additional monetary incentives next year to chapters who have implemented exemplary HEER plus Arts and Humanities programs. I urge all of you to support this noble cause so we can continue increasing services to our children who desperately need us.

We must remain committed to our mission and continue leading, lifting, and loving children who are our greatest commitment and concern.

Sisterly yours with a grateful heart,

Comatha B. Johnson, Fundraising Chairperson—jayajam@aol.com

Committee Members: Karen Cherry—karen.cherry@aol.com
Angela Rhodes—arhodes@intrainstrstar.net

From the Desk of the Second Vice Regional Director

Continental Sisters,

It is my pleasure to share with you the membership status for the Mid-Atlantic Region. Currently, we have 169 members. Below is a comparison chart for the last biennium.

Mid-Atlantic Region Membership Status

Club Year	Total Membership	Retained	Reclaimed	Recruited
2015-2016	162	149	8	5
2016-2017	169	144	1	24

One of our primary strategic goals during the past biennium was to focus on retention. This continues to be a major concern. We lost 19 sisters last year who did not renew their membership. Fortunately, our membership remained at a status quo because we recruited 25 new members. However, retention continues to be a problem. As the 2017-2018 dues payable period approaches, please make an extra, concentrated effort to retain the current members within your chapter. One way to do this is to remind chapter members of the dues payable time period in August and September via telephone, email, snail mail, etc. Encouraging chapter members to renew their memberships for the upcoming year. Your chapter's Membership Committee should be proactive in the retention process by sending reminders and encouragements periodically even after the dues payable period has ended.

Also, please send the names and contact information for any financially inactive members to the 2nd Vice Regional Director so that we may compile a database and determine ways to re-activate memberships. We must make an effort to bring back these positive members who are willing to work toward the true mission of the Continental Societies.

We currently have two chapters engaged in the membership intake process. All chapters are required to remit the Membership Intake Intent Form four weeks before beginning the membership intake process. If your chapter does not intend to have membership intake, this form must be completed and remitted by November 1st. The Membership Intake Form was emailed to chapters after the 2017 Regional Meeting. If you need a replacement copy, please contact me.

Thank you to the Roanoke Chapter and the Norfolk-Virginia Beach Chapter who sent in responses to the first annual Sisterhood Week. Thank you to Charleston, Durham, Goldsboro, Mathews, New Bern, Newport News-Hampton, Norfolk-Virginia Beach, Northern Virginia, Richmond, Roanoke, Tri-Cities and Wilmington Chapters for a stellar year of sisterhood! I look forward to working with each of you during the upcoming club year, anticipating even better things to come!

Sisterly & Sincerely,
Myra

Sisterhood Corner

Some people come into our lives and quickly go. . .Some people become friends and stay awhile. . .Leaving beautiful foot-prints on our hearts & minds. . . And we are never quite the same . . . Because we have made a good friend!

What is Sisterhood?

Sisterhood is about friendship and trust and sharing hopes and dreams. It's what lies deep within the depths of our hearts for each other growing together, becoming strong, as one. It's helping each other, building each other to withstand and overcome. It's supporting your sister when she is in need, wiping her tears and easing her pain when she bleeds and being a shoulder to lean on in times of despair letting her know that you'll always be there. Sisterhood is the warmth and affection you have for each other and the relationships that grow. It's the tug at your heart when she's going through something. It's you doing what you can do to help her pull through. It's sharing her burdens and easing the load she may bear. It's about being consistent and showing you care.

You are beautiful and you are loved.

ROANOKE CHAPTER CELEBRATES REGIONAL SISTERHOOD WEEK!



This is how we do it!

2017-2018 Mid-Atlantic Regional Officers

Regional Director.....	Jean Roach
1st Vice Regional Director.....	Myra Barnes
2nd Vice Regional Director.....	Vernell Kilpatrick
Recording Secretary.....	Comantha Johnson
Corresponding Secretary	Gloria Randolph-King
Treasurer	Ethel Windley
Financial Secretary	Gail Anderson
Historian.....	Pamela Woods
Public Relations Officer.....	Vacant
Chaplain.....	Betty Rhodes
Sergeant At Arms.....	Phyllis Robinson
Parliamentarian.....	Vacant
Scholarship Chairperson.....	Rosa Nolen
Meetings Chairperson.....	Quovadis Washington-Brown
Immediate Past Regional Director....	Nkechi George-Winkler

**MID-ATLANTIC REGION
CONTINENTAL
SOCIETIES, INC.**

Jean Roach,
Regional Director

Continental Societies, Inc.
Mid-Atlantic Region
P.O. Box 7111
Hampton, VA 23666

**Important
Reminders**

- Don't forget to join the Emerald capital Campaign. The purpose of which is to support and help stabilize our national budget/finance. We have 25 slots allotted for the region. The contribution is \$300.00. Emerald Members **DO NOT PAY** National Per Capita for 3 years.
- For those chapters that did not complete the historical scholarship report, please do so and submit it to me.
- If your chapter is planning a membership intake, please complete the forms and adhere to the guidelines set in place by our National Constitution & Bylaws and the Protocol, Rituals and Meetings Manual.
- All members need to be familiar with the current National Constitution and Bylaws, newly published Protocol, Ritual and Meetings Manual (all chapters received a flash drive at Conclave) and your chapter's policies and procedures. If you need a copy of documents, please let me know.

We must never forget our purpose. . .

THE MISSION OF THE CONTINENTAL SOCIETIES

The mission of the Continental Societies, Inc. is to create environments within our communities that empower children to have access to quality and appropriate opportunities to reach their optional potential.

We must never forget our promise. . .

THE PLEDGE OF THE CONTINENTAL SOCIETIES

It is my sincere desire, to do all within my power as a member of the Continental Societies, to observe and execute the objectives and purposes of the organization. I do solemnly pledge my wholehearted support to the program of the group; and will, to the best of my ability, serve my chapter. I do solemnly pledge to abide by the laws of the organization. I shall earnestly endeavor at all times to make myself worthy of membership in the Continental Societies.

We must never forget our intention. . .

THE MOTTO OF THE CONTINENTAL SOCIETIES

“There is a destiny that makes us Sisters;
None goes her way alone,
All that we send into the lives of others,
Comes back into our own.”

We must never forget who we are. . .

THE SONG OF THE CONTINENTAL SOCIETIES

Continental women we shall always be
Charity the foreword you can plainly see
We keep forever watchful
With an eye so keen
We strive to aid the needy
As a charity team.

Continental women we shall always be
Respect for one another and humanity
High ideals we stand for as we go along
Enriched with charitable gestures
And a heavenly song.

With outstretched hands we seek those
In our land so dear
Desiring understanding and a word of cheer
We love you Continentals
For your love and care
May God be with us always
Teaching us to share.

Thank you all for a Stellar Year!