



The Mid-Atlantic Gazette

Volume VII, Issue 2

NEWSLETTER OF THE CONTINENTAL SOCIETIES, INC. ®

MID-ATLANTIC REGION

'OUR CHILDREN, OUR COMMITMENT, OUR CONCERN'

P. O. Box 6732 Virginia Beach, VA 23456

Winter 2022

Webpage: www.midatlanticregioncontinentals.org

Nonmember Email Address: marcontinentals1984@gmail.com

Upcoming Events

February 1st-28th: African American Read-In

February 3rd: Executive Board Meeting, 7:00 pm

February 9th: President's Council Meeting, 7:30 pm

February 14th-21st: Good Health Wins! Week

March 25th:

- ◆ Due to Regional Director Myra Barnes: Comatha B. Johnson Outstanding Member/Leadership Award application due, Sisterhood Legacy Award application due, Volunteer of the Year application, Youth of the Year applications due (Middle School & High School) Email by 12:00 midnight. myrab13@gmail.com
- ◆ Due to 1st Vice Regional Director Cherie Furlow: HEER + Arts & Humanities reports for the Outstanding Chapter Awards, CAMP Award entries due, Mabs Kemp Essay entries due. Email by 12:00 midnight. metg45@gmail.com
- ◆ Due to 2nd Vice Regional Director Donna Lee: Unsung Sister Award and Distinctive Years of Service forms. Email entries by 12:00 midnight. ldonn771@aol.com
- ◆ Mid-Atlantic Regional Scholarship application must be **snail mailed** to Regional Scholarship Chair Rosa Nolen and postmarked by 12:00 midnight. The mailing address is included within the 2021-2022 Scholarship Packet.

March 26th: 2021-2022 Chapter History Report is due to Regional Historian Comatha Johnson. Email by 12:00 midnight to comatha1hftb@gmail.com

April 1st: Regional Amenities Report due to Chaplain Hiawatha Jones. Email by 12:00 midnight to joneshiawatha@gmail.com

April 30th: Regional Meeting.

From the Desk of the Regional Director

Happy New Year, Sisters of the Marvelous Mid-Atlantic!

My hope is that each of you are well and remain safe and healthy. Who would have ever imagined that we would be living in such times as these but as is with all things we must keep our eyes on the prize which is being grateful for this precious life that God has given us. Each and every day that we awaken, we are indeed BLESSED beyond measure. Thank you, God!

PROGRAMS—The Mid-Atlantic Region has definitely progressed since the last newsletter issue. Despite having no first hand communication with children, we have continued **our commitment** to children. In addition to individual chapter programs, 100% of our chapters participated in Red Ribbon Week. All of our chapters continue involvement in Good Health Wins! A majority of our chapters have sent in video story recordings in preparation for African American Read-In in February. Kudos to each of our chapters for answering the 'CSI Call to Mission' in these difficult times. Your creativity and innovation in programming never ceases to amaze me. Keep up the GREAT work and don't forget to report your work. There will be training at our February President's Council

Meeting on the regional reporting process. HEER reports and essays are due to the 1st Vice Regional Director on or before March 25th, please copy the Regional Director. Applications for all have been distributed. Please continue to plan and implement local events for Good Health Wins!

MEMBERSHIP—First and foremost, it was my distinct pleasure to welcome our 15th chapter into the region. The Rocky Mount Metropolitan, NC Chapter was installed in October with 16 lovely ladies plus one seasoned member. The Mid-Atlantic now has 6 chapters in North Carolina, 1 in South Carolina, and 8 in Virginia. Thank you to those chapters that participated in membership intake this season through either intake or reclamation. We are still in the process of verifying exact data from our rosters, however; a good estimate is around 230 members for our region. On another note, 100% of our chapters participated in Continental Sunday; members of the then Rocky Mount Metro Interest Group participated with sponsoring chapters. Regional Membership Award applications are due via email to the 2nd Vice Regional Director by March 25th, please copy the Regional Director. All chapters are encouraged to participate. Please continue to implement the Continental Virtues.

It is that time of the year when all regional reports are soon due. Other reports that are

due are our leadership awards: the Comatha B. Johnson Outstanding Member/Leadership Award, the Sisterhood Legacy Award, Volunteer of the Year Award, Youth of the Year Award on both the middle school and high school levels. The Regional Amenities Report will be due in April as well as historical data including chapter anniversaries. Please see the calendar within this newsletter to assist you in staying on track. Stay 100% committed in fulfilling goals and do not grow weary of doing what is good. Remain cognizant of our mission and keep the main thing, the main thing, which is service to children.

On a personal note, I take this time to thank each of you for the cards, calls and other expressions of condolences sent to me in the passing of my brother and my aunt. I don't think I will ever forget this past holiday season but I want you to know that your concerns were and are indeed appreciated. Thanks so much!

Sisterly & Sincerely,
Myra



Chapter Celebrations

- ◆ Thank you to the following chapters for personally calling and inviting the Regional Director to participate in chapter events: Aquia, Goldsboro, Mathews, Rocky Mount Metropolitan, and Tri-Cities.
- ◆ Thank you, Newport News-Hampton for partnering with sister chapters to assemble, distribute, and share your Red Ribbon promotional materials!
- ◆ Richmond Chapter for implementing *Red Ribbon Salute* in celebration of Red Ribbon Week with Spoken Word, Music and Inspirational Message.
- ◆ Special Thank you and Congratulations to Rocky Mount Metropolitan Chapter, the newest chapter to the Marvelous Mid-Atlantic Region! Beautiful ceremony, beautiful service project! Welcome to the fold!
- ◆ Thank you to Richmond Chapter for securing media coverage for their College Preparedness Workshop.
- ◆ Twenty-seven beautiful sisters reached across the Mid-Atlantic Region to the Eastern Region to welcome Continental’s 49th chapter: Gail Anderson, Diane Bacon, Myra Barnes, Jennifer Bolding, Linda Burt, Cassandra Conover, Donna Gainey, Gerri Hill, Deborah Holmes, Brenda Johnson, Dionne Johnson, Pat Johnson, Donna Lee, Christine Moore, Goldie Pettaway, Gloria Randolph-King, Jean Roach, Betty Rhodes, Linda Sanders, Sharon Shaw, Ursula Short, Leceila Turnage, LaVora Washington, Marilyn West, Nkechi George Winkler, Ethel Windley, Gerri Womack. These sisters were some of the first to witness the making of history as Continental Societies, Inc. now has a membership of over 1,000!
- ◆ Thank you to all those who have attended Good Health Wins webinars. Please keep up the attendance and report your chapter members attendance on your monthly reports!

Continental Sunday Across the Mid-Atlantic

Sisters celebrated Continental Sunday from the mountains to the shores of Virginia, through the HBCU trails of North Carolina and to the historic low country of South Carolina.





In the Spotlight

- ◆ Transitioned into the Land of Eternal Light: Continental Sister Minnie G. Carney, the oldest member of the Mid-Atlantic Region and possibly the whole of Continental Societies, Inc.® A centennial, Continental Minnie G. Carney was the last surviving charter member of Goldsboro, NC Chapter. She was honored at the Mid-Atlantic Regional Meeting in 2021.
- ◆ Transitioned into the Land of Eternal Light: Continental Sister Hermaner Douglas, one of only three surviving charter members of Norfolk-Virginia Beach Chapter. A stylish 92 year old, Continental Douglas was active within the chapter until two years ago when her health begin to decline. Continental Hermaner Douglas was honored at the Mid-Atlantic Regional Meeting in 2021.
- ◆ Congratulations to **CS Sandy Conover, Rocky Mount Metropolitan Chapter** received **Honor Teacher** distinction for the National Association of Parliamentarians.
- ◆ Congratulations to **CS Lorraine Forrest, Mathews Chapter** member of Mathews County School Board.
- ◆ Congratulations **CS Hiawatha Jones, Goldsboro Chapter** member of Goldsboro City Council.
- ◆ Congratulations **CS Cheryl McCullough, Goldsboro Chapter**, Board of Directors Dillard School, Goldsboro, NC.
- ◆ Congratulations **CS Na'Shayla Nelson, Tri-Cities Chapter**, former Maxton, VA Chief of Police is now the Chief of Police in Portsmouth, VA. CS Nelson is also an Adjunct Professor at Virginia State University.

We are all Public Servants however these are Mid-Atlantic Region's Politicians. Do it, Ladies!!!

Cassandra Conover

Lorraine Forrest

Hiawatha Jones

Cheryl McCullough

Na'Shayla Nelson



- ◆ Thank you to **1st Vice Regional Director Cherie Furlow** for very professionally conducting the October President's Council Meeting in the absence of the Regional Director.
- ◆ Thank you to **2nd Vice Regional Director Donna Lee** for working with our chapters during the induction process period.
- ◆ Thank you for providing devotion at the **President's Council Meetings: Aquia Chaplain Brenda Clark (September), Immediate Past Regional Chaplain Betty Rhodes (Wilmington Chapter, October), Goldsboro Chaplain Robin Freeman (November), and Tri-Cities Chaplain Bessetta Parker (January).**
- ◆ Thank you for registering and participating in the **Black Caucus ALC Conference: CS Donna Gainey (Aquia), Rosa Nolen (Durham), Hiawatha Jones (Goldsboro), Myra Barnes (Norfolk-Virginia Beach), Adrienne Johnson (Tri-Cities), and Deborah Holmes (Wilmington).**

Welcome to the Fold

Aquia, VA Chapter

Myra Lane



Vonda Roseborough



Goldsboro, NC Chapter

Bernice Simmons



Dr. Yolanda Farmer



Mathews, VA Chapter

Denise Cooke



Yvette Gaither

Richmond, VA Chapter

Jennifer Bolding



Angela Moore



Julia Forrest



Marsha Crawley



Dr. Kennete Lee



Linda Johnson



Melissa Mason



Timika Vincent



Dr. Carol B. Williams

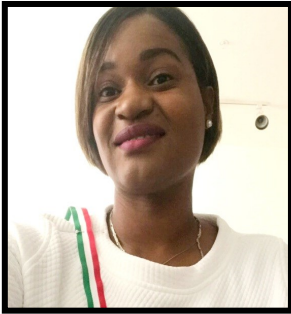


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Welcome to the Fold

Tri-Cities, VA Chapter

Tiffany Bucker



Kimberly Brickhouse



Shalonda Venable-Royster

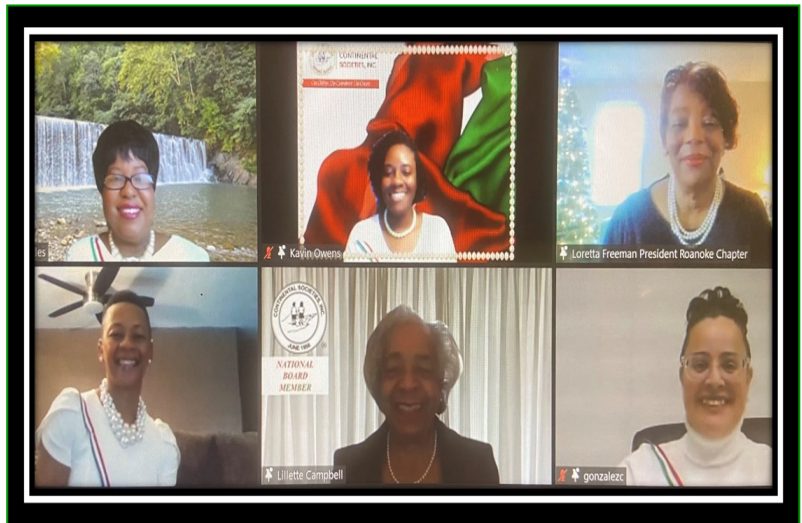
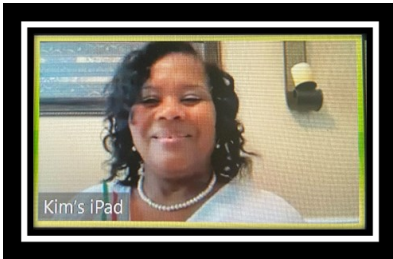


Melanie Crocker



Roanoke, VA Chapter

Left to right (top): Muriel Mickles, Kavin Owens, Chapter President Loretta Freeman. Left to right (bottom): Kim Ashford, Janet Smith, National 2nd Vice President Lillette Campbell, Carmen Gonzales



Welcome Home, Reclaimed Sisters! Come on in! We kept the light on for you!

Mildred Hill
New Bern Chapter



Priscilla Pankey
Newport News-Hampton

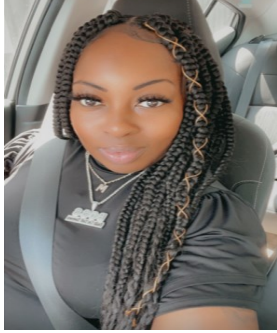


Dionne Johnson
Richmond Chapter



Our 15th Chapter—Rocky Mount Metropolitan Chapter Welcome to the Mid-Atlantic Region

Melva Bullock



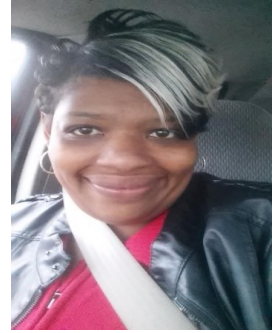
Deborah Farmer



Torian Giles



Phyliss Hawkins



Gerri Hill



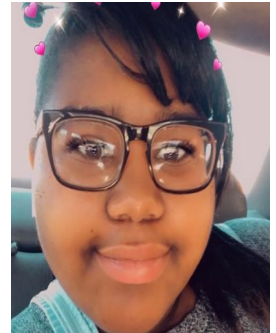
Aliyah Hunter



Cullen Hunter



Mystic Hunter



Pat Johnson



Pat Pitt



Natalie Rogers



Linda Sanders



Ursula Short



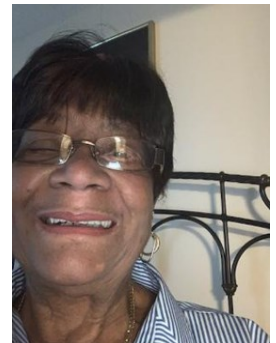
Leceila Turnage



Evelyn Shaw



Gerri Womack





August

Commitment working hard to attain and sustain a relationship to sisterhood and to carry out our mission to children.

September

Optimism is having the type of attitude that keeps us focused on the positive characteristics of a person and our organization.

October

Nurturance is the physical and emotional support that we share with our sisters and our organization at all times but particularly during not so good times.

November

Temperance is self-control of our actions, thoughts, and feelings in order to maintain pleasant relationships with our sisters.

December

Integrity is being true to ourselves. We respect and follow the Constitution and By-Laws and all other regulations imposed by our organization.

January

Nobleness is always taking the high road. To be noble is to complete a task not for personal reward or gain but to help someone else.

February

Endurance is having the fortitude to keep working toward the mission and goals of the Continental Societies, Inc.® It is the ability to be resilient when something hurtful is done or said to you.

March

Niceness is being pleasant or having an agreeable manner when dealing with others. Find the good in every sister, then compliment her on her positive qualities. Never put down someone else's idea, without having a better idea to replace it with.

April

Trustworthiness is a precious gift that Continental sisters rely upon when working with each other (i.e. in maintaining finances, in keeping confidences, etc.)

May

Adaptability is the willingness to change for the betterment of the organization. Be flexible.

June

Love is the greatest of all virtues! Love is being appreciative and wanting the best for of our organization and our sisters.

Particularly Protocol

THE CONTINENTAL MEMBERSHIP PIN

The pin is an adaptation of our national symbol cast in gold. Below the hand are three stones: a Ruby, a Pearl, and an Emerald. The red, white and green stones represent our national colors. The official colors of the Continental Societies, Inc. are red, white and green.

RED: Symbolizes our friendship and love for children and all humanity

WHITE: Symbolizes our sincerity of purpose and our desire to aid children uncompromisingly

GREEN: Symbolizes fertility and our prayer that our programs will grow in structure of purpose, enriching and development of children and youth.

The pin should be worn over the heart with the chapter name bar fastened to the left. The pin should be worn at formal Continental sessions, services, and meetings.

(Manual of Standard Operating Procedures, 2019, Appendix V Protocol pages 4 and 5)



NOTE: The pin is not worn on tee-shirts and other casual attire. The pin is worn on your left near your heart..

Friendship and love

Sincerity of Purpose
(to serve children)

Fertility and Growth

Historical Hallmarks

Recreation is one of the components in our Five-Point Programmatic Thrust. . .Soooo. . .Let's Play! Here's how it works! The first Continental Sister who sends in the correct answer to the following trivia question will get special recognition in each 2021-2022 issue of *The Mid-Atlantic Gazette*, recognition on our regional website, special seating/recognition at our 39th Regional Program & Awards Luncheon. Send your response, cited reference, with your name and your chapter's name to marcontinentals1984@gmail.com. Ready? Here we go. . .

In June 1973 Continental Mabs Kemp, Chairperson of the National Program Committee proposed the Continental Societies, Inc.® regional structure concept. The report was accepted and the concept of regions were implemented during the administration of National President Rosa Stanback. Originally there were six regions within the organization. Name the original six regions of the Continental Societies, Inc. ® then state the current regions. Bonus: Name our region and list the chapters within each state.

Good Luck!!!

Think On This

I Corinthians 13:4-6 Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It is not rude, it is not self-seeking, it is not easily angered, it keeps no account of wrongs. Love takes no pleasure in evil, but rejoices in the truth/ It bears all things, believes all things. Hopes all things, endure all things.



February is the month to celebrate love. Let us be reminded of the greatest gift of love.

Regional Chaplain Hiawatha Jones